

Land of Make Believe

1. Start facing front at Right Shoulder. Turn to left and step forward with left foot, push flag forward, shake twice on 1,
2. Stepping back with left foot, bring flag forward and down along your right side, stop at angle in back of you, on 3, hold on 4.
2. (Repeat) Stepping forward with left foot, bring flag up, push flag forward, shake twice, on 5, 6. Stepping back with left foot, bring flag forward and down along your right side, stop at angle in back of you on 7, hold on 8.
3. (Repeat) Stepping forward with left foot, bring flag up, push flag forward, shake twice, on 9, 10. Stepping back with left foot, bring flag forward and down along your right side, stop at angle in back of you on 11, hold on 12.
4. (Repeat) Stepping forward with left foot, bring flag up, push flag forward, shake twice, on 13, 14. Stepping back with left foot, bring flag forward and down along your right side, stop at angle in back of you on 15, turn back to the front and hold on 16.
5. Bring flag up and across to left angle on 1, across to right angle on 2, turn top of your body to right, bring flag down on your right side on 3, 4, bring flag up on 5, 6. Face front as you bring flag back down to right on 7, 8.
6. (Repeat) Bring flag up and across to left angle on 1, across to right angle on 2, turn top of your body to right, bring flag down on your right side on 3, 4, bring flag up on 5, 6. Face front as you bring flag back down to right on 7, 8.
7. (Repeat) Bring flag up and across to left angle on 1, across to right angle on 2, turn top of your body to right, bring flag down on your right side on 3, 4, bring flag up on 5, 6. Face front as you bring flag back down to right on 7, 8.
8. Lunge forward, bring flag to horizontal, push flag forward and around in front of you on 1, 2, 3, 4, bring flag down to right angle on 5, 6, bring flag up straight on 7, 8. Hold 1, 2, 3, 4.
9. Drop spins for 16 counts, stepping side to side. On 16th count, take pole with right hand, slide left hand up on pole near elbow, pointing pole down across you to your left side on 1, 2. Pivot to right dragging pole around to the right side on 3, hold on 4. Still in pivoted position facing right bring flag up straight on your right side on 5, hold on 6, bring flag down in back of you at angle to right of you on 7, hold on 8, circle